



# 校內外輔導資源

Counseling resources both within and outside the school

## 【校內 In-school counseling resources】

- ◆ 會心微笑諮商關懷系統 Smile Care Counseling And Care Service System : <https://care.ntou.edu.tw>
- ◆ 諮商輔導組 Division of Counseling Services : 校內分機 ext. 1195
- ◆ 24 小時校安專線 24-hour campus security center service hotline : 02-24629976

## 【校外 Counseling resources outside the school】

- ◆ 青壯世代心理健康支持方案 Mental Health Support System : <https://sps.mohw.gov.tw/mhs>
  - ◆ 張老師 Teacher Chang Foundation : 電話直撥 Direct dial hotline 1980
  - ◆ 生命線 Taiwan Lifeline International : 電話直撥 Direct dial hotline 1995
  - ◆ 衛生福利部安心專線 Ministry of Health and Welfare Helpline : 電話直撥 Direct dial hotline 1925 ( 24 小時 24-hour hotline )
  - ◆ 教育部反霸凌專線 The Ministry of Education Anti-Bullying Hotline : 電話直撥 Direct dial hotline 1953
  - ◆ 法律扶助基金會 Legal Aid Foundation : 02-4128518
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